



**Discussion Questions**  
**Jesus & The Ten Commandments**  
**Week 5**

1. What healthy parent-kid relationships have you seen?
2. How would you describe your relationship with your parents and/or with your kids?
3. What does honor look like right now for those with difficult family relationships?  
Forgiveness, reconciliation, or trust?
4. When times get difficult, which are you more likely to veer towards in your relationship with your parents?
  - a. **Enmeshment**- Enmeshment describes family relationships that lack boundaries and confuse roles and expectations.
  - b. **Disengagement** - Disengagement occurs when family members are entirely emotionally separate from one another.
5. What are some ways parents can gain influence with their adult kids?
6. Does your family tend to "make peace" (have hard/healthy conversations) or "keep peace" (pretend everything is okay)? Do you sense God is calling you to "make peace" anyway?
7. How does your relationship with God help you pursue honoring your parents?